



## 2022/2023 PWR Mentorship Program

Thank you for your interest in the Mentorship Program. The program is designed for members to interact with our scholarship recipients, providing guidance, information, ideas, support and resources. I would encourage you to evaluate your own areas of expertise and mentor based on those strengths.

You will be mentoring your mentee for one year. The program is set up for a year to give you ample time to get to know her and then bring value. Also, it should give you time to meet with the recipient in person.

At the beginning of your time with your mentee, please discuss with them what they would like to get out of your time together. Explain to them what you do and what some of your strengths are, this may help them figure out what they want/need from your time together. Consider establishing some goals for your 3 months together and check in with them on those goals every time you talk. Ask them what they consider to be their strengths and weaknesses, what is going well and with what they are struggling. Please schedule phone calls with your mentee every two weeks. Feel free to check in with her more often via email, snail mail, etc. In today's world of young women, texting is a great tool.

The purpose of the mentorship program is specifically geared toward guiding young women in their professional lives. This is NOT a time to sell or represent your products or services. This is an opportunity to give back to the community. In addition, please use your *best* professional judgment in discussing sensitive issues such as, politics, religion, an individual's personal lifestyle, etc. You will be removed from the Mentorship Program if it is determined that you have used this time to sell products or services to our scholarship recipients or if it is determined you have not been professional when sensitive topics have arisen.

Any costs incurred while mentoring (i.e. lunch/coffee with recipient, long distance calls, etc), are yours. PWR will not reimburse these costs.

You must be a PWR member in good standing to participate in the Mentor program.

**Please fill in the information below and return to Debra Smith ASAP.** Please email or fax to:

[Debrasmith5@verizon.net](mailto:Debrasmith5@verizon.net)

Fax number 951-245-9845

Name \_\_\_\_\_

Company Name and Title \_\_\_\_\_

Email address \_\_\_\_\_

Preferred phone number \_\_\_\_\_

Alternate phone number \_\_\_\_\_

Areas of expertise \_\_\_\_\_

How many months can you commit? (circle one) 3 6 9 12 – months

Is there a 3-month period that you would prefer to mentor? \_\_\_\_\_

Is there a 3 month period that you know you cannot mentor? \_\_\_\_\_

Why would you like to participate in the mentor program? \_\_\_\_\_

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Please provide two references, one personal and one professional \_\_\_\_\_

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Have you ever been denied the opportunity to be a counselor or mentor, whether volunteer or paid? Yes/No If yes, please explain \_\_\_\_\_

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Have you ever been convicted of a felony? Yes/No If yes, please explain \_\_\_\_\_

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